



CONNECTICUT CAPITALS

CONNECTICUT CAPITAL BASEBALL CLUB YOUTH DEVELOPMENT PROGRAM 10U, 11U, 12U



“WHERE THE TEACHING BEGINS”

The “Youth Development Program” is an extended baseball program that is committed in preparing Connecticut baseball players to compete at the highest levels locally, regionally, and nationally. The program is based on:

- Tryouts – November 4, 5, 6
- Special CT Capitals workouts in December – specific clinics for hitting, pitching & position play
- Winter Baseball League and/or workouts throughout January and February
- Spring Training type workouts in March
- League Play starting in March/April
- 4-plus Regional Tournaments starting in March/April
- Potential National Tournament
- Professional Coaching & Instruction following the CT Capitals curriculum developed by Bill Masse – current Major League Scouting Supervisor for the Seattle Mariners
- 13/14 player roster

The “Youth Development Program” will provide Connecticut area baseball players what no one else has been able to offer in this area before – travel baseball with professional coaching, advanced competition and a first-rate facility, Baseball City, to work out in year round. The CT Capitals understand what it takes to be successful and we are providing our youth players with this extensive program. The CT Capitals curriculum provides an exemplary step-by-step teaching curriculum that will maximize the potential of all our players. Developing our players in a competitive atmosphere is our number one priority and all CT Capitals Players will have the best resources available to become “the best they can be.” The CT Capitals Baseball Club is committed to being the premier baseball club in New England and throughout the country.



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Our Baseball Lineup:

1. **40+ Winter/Spring/Summer schedule:** (Winter Indoor League and/or workouts, League Games, Open Games, 4-plus Regional Tournaments, 1 Potential National Tournament) Play begins in March and extends through June.

*In the 10u, 11u and 12u divisions, we will play on 50-70 field diamonds. Essentially, we play real baseball...not Little League baseball...leading off bases, holding runners, stealing, pitching from the stretch and all “real-AAU” baseball rules apply.

The CT CAPITALS reserves the right to change schedule based upon weather and field availability

2. **Team practices:** 1/2 team practices per week @ Baseball City in January & February, 2/3 team practices during Spring Training workouts @ Baseball City and hopefully outside at our home field in March. Team practices during the Spring/Summer season will be determined by Head Coach according to schedule.

3. **CT Capitals Hitter’s Club membership:** Basically, the same as the Baseball City Hitter’s Club membership with two exceptions:

- 1) CT Capitals players may be asked to share or vacate cages when Baseball City is full. This usually only occurs during our busy hours during the winter months.

- 2) This membership does not allow CT Capitals players to bring non-members to use Baseball City at the \$5 charge. The CT Capitals Hitter’s Club membership is for the sole use of CT Capitals players.

The CT Capitals Hitter’s Club membership is good for as long as you are a CT Capitals player until the 2013 tryouts are held.



Please refer to Baseball City Hitter’s Club flyer for all the details.

4. **Equipment Package:** Players receive 2 game hats, 1 batting helmet, 2 game jerseys, 1 game pants, 1 workout (alternate jersey) shirt, 1 pair of shorts, 1 player’s bag, belt & socks. Players may choose a customized wood “Rally Bat” in lieu of a helmet and a bag. All Equipment is property of the players – players will be able to keep all equipment at the conclusion of the season. Players may purchase additional equipment/apparel; however, this cost is additional.
5. **Home Field:** East Catholic High School is the Home Field for the CT Capitals 10U, 11U, & 12U Teams. (Home Fields are subject to change due to availability)
6. **Top Coaches and Instruction:** The CT Capitals number one priority is to develop players in a competitive atmosphere.



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2012 10U, 11U, 12U Head Coaches

<p>Ish Bolorin 10U - Head Coach</p>	<p>Bio</p>
	<ul style="list-style-type: none">• 2011 Junior Capitals Coach• Played Independent Pro baseball in Puerto Rico from 2009-2010• Played Collegiately at Eastern Connecticut State University• Holds the Triples record at ECSU• All Conference for 4 years at Manchester High School
<p>Paul Caccavale 11U - Head Coach</p>	<p>Bio</p>
	<ul style="list-style-type: none">• Head Coach of the 2011 10U CT Capitals• Assistant Coach of the 2010 10U CT Capitals• Played Pro baseball in the Northern Independent Baseball League• Played at Central Connecticut State University• Coached Back to Back State Champions @ East Hartford HS• Played at East Hartford HS from 1983-1987 where he was the 1986 Coca Cola Pitcher of the Year
<p>John Fote 12U - Head Coach</p>	<p>Bio</p>
	<ul style="list-style-type: none">• Head Coach of the 11U CT Capitals in 2011• Head Coach of the 10U CT Capitals in 2010• Played collegiately at Quinnipiac College• Former Head Coach at Wethersfield High School where he led the Eagles to their first ever Class L State Championship game in 2005



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2012 10U, 11U, 12U CT Capitals Tentative Schedule

4-Nov	Tryouts
5-Nov	Tryouts
6-Nov	Tryouts
Nov 7-13	Teams Announced
Nov 14	Mandatory Meeting 10U, 11U, 12U - parents & players
	*player-parent contract / financial contract
	player profiles / equipment sized / clinic times*
Nov 20	1 st payment due for Equipment Package and to secure spot on Team
	all contracts and papers are due at this time
Nov 21-27	Off – Thanksgiving Week
Dec 4, 11, 18, 19	CT Capitals Clinics - Team hitting, pitching, pos. play & base running
Dec 26 - Jan 1	Off – Christmas/New Year's Week
Jan 2- Jan 8	1 Practice & Indoor League Game or workout
Jan 9 - Jan 15	1 Practice & Indoor League Game or workout
Jan 16 - Jan 22	1 Practice & Indoor League Game or workout
Jan 23 - Jan 29	1 Practice & Indoor League Game or workout
Jan 30 - Feb 5	1 Practice & Indoor League Game or workout
Feb 6 - Feb 12	1 Practice & Indoor League Game or workout
Feb 13 - Feb 19	1 Practice & Indoor League Game or workout
Feb 20 - Feb 26	1 Practice & Indoor League Game or workout
Feb 27 - Mar 4	2/3 Spring Training Workouts
Mar 5 - Mar 11	2/3 Spring Training Workouts
Mar 12 - Mar 18	2/3 Spring Training Workouts
Mar 19 - Mar 25	2/3 Spring Training Workouts
Mar 26 - Apr 1	League Play begins - League games & open games
Apr 2 - Apr 8	League games & open games
Apr 9 - Apr 15	League games & open games
Apr 16 - Apr 22	League games & open games
Apr 23 - Apr 29	League games & open games
Apr 30 - May 6	League games & open games
May 7 - May 13	League games & open games
May 14 - May 20	League games & open games
May 21 – May 27	League games & open games
May 28 – June 3	League games & open games
March 19 – June 3	4-plus Regional Tournaments
June 4 – June 15	League Tournaments to be held if Team qualifies
TBA	Potential National Tournament



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2012 Tuition

Total Payment for 2012 Season - \$2,000 & \$300 for Equipment Package

Payment #	Date	Item Description	Amount	Paid	Balance
1	Nov.20th, 2011	Equipment Package Secures Spot on Team	\$300		\$2,000.00
2	Jan. 1, 2012	Jan. Club Payment	\$500		\$1,500.00
3	Feb.1, 2012	Feb. Club Payment	\$500		\$1,000.00
4	Mar.1, 2012	March Club Payment	\$500		\$500.00
5	Apr.1, 2012	April Club Payment	\$500		\$00.00
Totals:			\$2,300.00		\$0