

CT CAPITALS 16U – WAR AT THE SHORE CHAMPIONS – 9/20/09

The CT Capitals 16U team traveled down to the southeast corner of Connecticut to compete in the War at the Shore Tournament. The division was strong with 4 AAU teams and 2 high school teams. Saturday started off a bit rocky but the team dominated their opponents on Sunday to win the tournament.

Game 1 – Capitals beat Ellington 8-7

Andrew Smith pitched 5 innings with Jay Vibes in relief to pitch the 6th. Pitching was solid but Ellington managed 7 runs against the Capitals error-laden defense. The Capitals won in the bottom of the 6th inning with a walk off double by Jeff Cate capping a 3 run rally sparked by T.J. Hewett, Matt Stojak, and Joel Roman. Stojak was 4-4 with a double.

Game 2 – Capitals loose to the Heat 9-6

Justin Thomas pitched 4 innings against a tough CT Heat team. Brendan Jordan pitched the 5th in relief stopping the Heat and giving the Capitals a chance to win the game. Despite a 2 run rally in the 6th inning, the Capitals were unable to overcome the 5 run deficit. Other notables...Stojak 2-4, Roman 2-2, Lynch 3-4.

Semi-Final – Capitals beat CT Crush 12-0

Alex Iannone pitched a complete 4 inning shutout with 4 strikeouts and no walks. The Capital's offense overpowered the Crush plating 13 batters in the 1st inning scoring 9 runs. Three more runs in the 3rd were enough to complete the 4 inning mercy. Other notables...Stojak 2-2, Roman 2-3, Lynch 2-3.

Final – Capitals beat CT Heat 10-1

Mike Cowperthwaite pitched a complete 6 inning game allowing only 1 run against a very good hitting CT Heat team. The Capital's defense was stellar, playing 6 error-free innings highlighted by 2 big double plays that halted scoring opportunities for the Heat. The Capital's offense was dominant, scoring 2 in the 1st inning, 6 in the 4th, and 2 in the 6th to complete a 6 inning mercy. Other notables....Stojak 2-4, Cowperthwaite 2-4, Lynch 2-3.